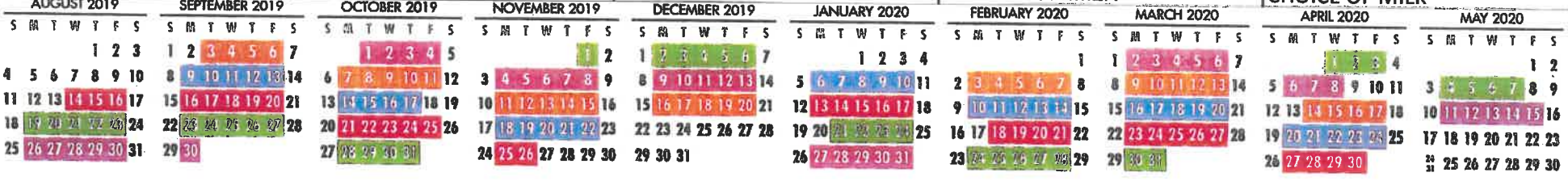
MIAMI TRACE MIDDLE SCHOOL

MENU 2019-2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 Red				
CHICKEN LEGG/ ROLL	DEEP DISH PIZZA	PHILL BEEF & CHEESE/ BUN	HOT DOG/ WG BUN	MEATBALL SUB/ BUN
MASHED POTATOES/GRAVY	BROCCOLI	BAKED FRIES	BAKED BEANS	REFRIED BEANS
MIX VEGETABLES	TOMATOES CUP	GREEN BEANS	CORN/MINI KRISPIE TREATS	CARROTS
ASSORTED FRUITS	ASSORTED FRUITS	ASSORTED FRUITS	ASSORTED FRUITS	ASSORTED FRUITS
CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK
WEEK 2 Green				
CHICKEN NUGGETS	PRIMO CHEESE PIZZA	CHICKEN PATTY/BUN	SPAGETTI /MEAT SAUCE	PIZZA CRUNCHERS
DINNER ROLL	REFRIED BEANS	BAKED FRIES	BREAD STICK	GREEN BEANS
OVEN POTATOES	TOMATOES CUP	PEAS	CARROTS	CORN
SPINACH	ASSORTED FRUITS	ASSORTED FRUITS	ROMAINE SALAD DRESSING	ICE CREAM CUP
ASSORTED FRUITS	CHOICE OF MILK	WG COOKIE	ASSORTED FRUITS	ASSORTED FRUITS
CHOICE OF MILK		CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK
WEEK 3 Purple				
CHICKEN FAJITAS	TONY'S PIZZA	FRENCH TOAST	CHICKEN TENDERS/ WG ROLL	DELUX CHEESEBURGER
2 TORTILLAS	GREEN BEANS	SAUSAGE PATTY	ROMAINE SALAD/DRESSING	WG BUN
CORN	REFRIED BEANS	HASH BROWN PATTY	CARROT CUP	BAKED FRIES
GREEN BEANS	ASSORTED FRUITS	SQUASH	ASSORTED FRUITS	CORN
MINI RICE KRISPY	CHOICE OF MILK	ASSORTED FRUITS	CHOICE OF MILK	ASSORTED FRUITS
ASSORTED FRUITS		CHOICE OF MILK		YOGURT
CHOICE OF MILK				CHOICE OF MILK
WEEK 4 Orange				
SPICEY CHICKEN BREAST/BUN	STUFFED CRUST PIZZA	POPCORN CHICKEN	FISH STICKS	WALKING TACOS
KRISPY TREATS	BROCCOLI	DINNER ROLL WG	MACARONI AND CHEESE	REFRIED BEANS/SALSA 3OZ
GREEN BEANS/ CORN	SWEET POTATOES	MASHED POTATOES/GRVY	TOMATO CUP	SOUR CREAM 1OZ.
ASSORTED FRUITS	ASSORTED FRUITS	ASSORTED FRUITS	ASSORTED FRUITS	ASSORTED FRUITS
CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK
WEEK 5 Blue				
CHICKEN TENDER WRAP	STUFF CRUST PIZZA	CHICKEN NUGGETS	PIZZA CRUNCHERS	FAJITA WRAP
wg WRAP	TOMATO CUP	MASHED POTATOES/GRVY	BROCCOLI	REFRIED BEANS/SALSA
SPECIAL SAUCE / BROCCOLI	CELERY W/PEANUT BUTTER 1OZ.	GREEN BEANS/ DINNER ROLL	CARROT CUP	SHRED LETTUCE/YOGURT
ASSORTED FRUITS	ASSORTED FRUITS	ASSORTED FRUITS	ASSORTED FRUITS	ASSORTED FRUITS
CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK