

M.T.M.S BREAKFAST CARB. MENU 2019-2020

EVERYDAY

CEREAL-22, CHEESE STICK-1, JUICE-13 & MILK-18

SAUSAGE GRAVY-25 OR BACON & EGG PIZZA-23

FRESH FRUIT-9 AVAILABLE EVERYDAY

MONDAY

SMOOTHIES-35, GRAHAM CRACKER-19, FRUIT-9 OR JUICE-13 &
MILK-18

TUESDAY

EGG OMLET-1 on Roll-14 FRUIT-9 OR JUICE-13 & MILK-18

WEDNESDAY

2-CINNAMON ROLLS-36, FRUIT-9 OR JUICE-13 &
MILK-18

THURSDAY

PANCAKE ON A STICK-18, FRUIT-9 OR JUICE-13 & MILK-18

FRIDAY

MINI DONUTS-46, FRUIT-9 OR JUICE-13 & MILK-18