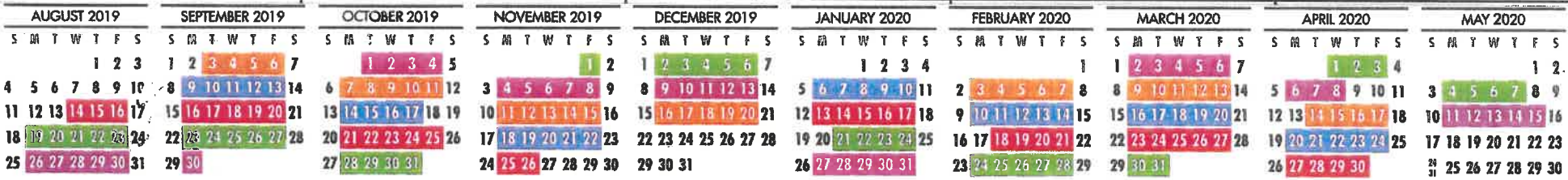
MIAMI TRACE HIGH SCHOOL
MENU 2019-2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1				
1.CHEESEBURGER DELUXE BUN	PIZZA	1.HOT DOG/ WG BUN	CHICKA BOOM BOOM	1.PIZZA CRUNCHERS/ BRD STICK
2. CALZONE 3 CHEESE	ROMAINE SALAD/DRESSING	2. TACO SNACK	CRINKLE FRIES	2. SPICEY CHICKEN SANDWICH
CARROTS / GREEN BEANS	BLK BEANS/RICE	CORN / BAKED BEANS	BROCCOLI	CELERY/ BAKED FRIES
ASSORTED FRUITS	ASSORTED FRUITS	ASSORTED FRUITS	TOMATOES	ASSORTED FRUITS
CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	ASSTORTED FRUITS	CHOICE OF MILK
FRUIT SLUSHY			CHOICE OF MILK	
WEEK 2 GREEN				
1.CHICKEN LEG*	STUFFED CRUST PIZZA	1.TACO STICK / SOUR CR.	ORANGE CHICKEN / RICE	1.WALKING TACO / TACO MEAT
2. CHICKEN TENDERS	ROMAINE SALAD/DRESSING	2. STUFFED CHEESE STICKS	CORN	2. MEXICAN FIESTA PIZZA
MASHED POTATOES /GRAVY	TOMATO CUP	REFRIED BEANS/CARROTS	SWEET POTATOES	SR CREAM / CHEESE/SALSA
GREEN BEANS WG ROLL	ICE CREAM	SHREDDED LETTUCE	SLUSHY	BLACK BEANS / RICE
ASSORTED FRUITS	ASSORTED FRUITS	ASSORTED FRUITS	ASSORTED FRUITS	SHREDDED CHEESE &LETTUCE
CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK	ASSORTED FRUITS
				CHOICE OF MILK
WEEK 3 PURPLE				
1.CHICKEN FAJITAS (2)	PRIMO CHEESE PIZZA	1.TOMATO SOUP/ CRACKERS	BEEF SPAGHETTI	1.SLOPPY JOE / WG BUN
2.BEEF AND CH. SOFT TACOS(2)	GREEN BEANS	GRILLED CHEESE SANDWICH	BREAD STICK	2. CHICKEN PATTY SANDWICH
BLACK BEANS / RICE	PEAS	2.DELUXE SUBMARINE	SPINACH	CELERY CUP/ DRESSING/FRIES
SOUR CREAM & SALSA	SLUSHY	TOMATO CUP	CARROT CUP	COOKIE
ASSORTED FRUITS	ASSORTED FRUITS	ROMAINE SALAD/ DRESSING	ASSORTED FRUITS	ASSORTED FRUITS
CHOICE OF MILK	CHOICE OF MILK	ASSORTED FRUITS	CHOICE OF MILK	CHOICE OF MILK
		CHOICE OF MILK		
WEEK 4 ORANGE				
1.MINI CORN DOGS	STUFFED CRUST PIZZA	1.POPCORN CHICKEN	RIB SANDWICH/WG BUN	1.TACO SALAD / MEAT
2.BBQ CHICKEN PIZZA	ROMAINE SALAD / DRESSING	2.BEEF/CHICK. POTATO BOWL	BAKED CRINKLE FRIES	2.MEXICAN TACO BOAT/SR.CR.
GREEN BEANS/CORN	TOMATO CUP / ICE CREAM	MASHED POTATOES	CARROTS / RANCH DRESSING	REFRIED BEANS/SALSA
GRIPTZS SNACK	ASSORTED FRUITS	DINNER ROLL WG	ASSORTED FRUITS	SHREDDED LETTUCE & CHEESE
ASSORTED FRUITS	CHOICE OF MILK	ASSORTED FRUITS	CHOICE OF MILK	ASSORTED FRUITS
CHOICE OF MILK		CHOICE OF MILK		CHOICE OF MILK
WEEK 5 BLUE				
1.CHILI / CRACKERS	STUFF CRUST PIZZA	1.BEEF & CHEDDAR SAUCE	CHICKEN QUESADILLAS	1.CHICKEN NUGGETS / WG ROLL
PEANUT BUTTER & JELLY	ROMAINE SALAD / DRESSING	TORTILLA CHIPS	SHREDDED LETTUCE/SALSA	2. SWEET & SASSY CHICKEN
2.TWISTED STUFF CHEESE SAND.	TOMATO CUP / ICE CREAM	2.FLATBREAD CHEESE PIZZA	REFRIED BEANS/MIX VEGGY	BAKED FRIES
GREEN BEANS/ BROCCOLI	ASSORTED FRUITS	CARROT/ CELERY/GOLDFISH PKG	GRM CRACKER / ASST. FRUITS	BROCCOLI/ASSORTED FRUITS
ASST.FRUITS/CHOICE OF MILK	CHOICE OF MILK	ASST. FRUITS/ CHOICE OF MILK	CHOICE OF MILK	CHOICE OF MILK