

Miami Trace Elementary School 2019-2020 Lunch Menu



BREAKFAST MENU Choice of Cereal, Giant Graham, Juice and Milk or Fresh Fruit Available Daily
MON Pancake on a Stick Juice and Milk
TUES Cinni Mimmi's Juice and Milk
WED WG Popart Cheese Stick Juice and Milk
THURS Cinnamon Rolls Juice and Milk
FRI Dutch Waffle Juice and Milk

Prices

- Lunch \$2.60/Reduced \$1.40
- Breakfast \$1.40/Reduced \$0.30
- Parents are encouraged to prepay for student's school meals. Our lunchroom policy states 5 breakfast charges and 5 lunch charges. Parents are responsible for making sure students have money in their accounts. If you send a check, please reference your child's full name on the check.
- Free and Reduced-price applications are available at your school office, or you may call Gary Campbell, Food Service Director at 740-335-3010. You may apply any time during the school year.
- A choice of 1% white, skim chocolate, skim strawberry and skim white milk is offered with each school meal.
- Menu is subject to change without notice due to price and availability of items on the menu.
- Encourage your student to eat a school meal.

FRIDAY

Hotdog/WG Bun
Baked Beans
Carrots
Assorted Fruits
Choice of Milk
Monthly Birthday Treat

THURSDAY

Chicken Leg
WG Dinner Roll
Whipped Potatoes/Gravy
Green Beans
Assorted Fruits
Choice of Milk

WEDNESDAY

Pizza
Garden Salad
w/Dressing
Tomatoes
Assorted Fruits
Choice of Milk

TUESDAY

Nachos Deluxe
w/Taco Meat, Salsa
Lettuce, Cheese
Corn/Refried Beans
Assorted Fruits
Choice of Milk

MONDAY #1

Chicken Sliders
WG Buns
Broccoli
Celery Stick
Assorted Fruits
Choice of Milk

FRIDAY

Chicken Nuggets WG
Broccoli
Carrot Cups
Assorted Fruits
Choice of Milk

THURSDAY

Eggo Mini Pancakes
Sausage Patties
Vegetable Medley
Assorted Fruit
Choice of Milk

WEDNESDAY

Pizza/Pepperoni
Romaine Salad/
Dressing
Tomato Cup
Assorted Fruits
Choice of Milk

TUESDAY

Macaroni and Cheese
w/Fish Sticks WG
Mix Veggies/Broccoli
Assorted Fruits
Choice of Milk

MONDAY #2

2 Chicken Wraps
Corn
Refried Beans
Assorted Fruits
Choice of Milk

FRIDAY

Corn Dogs
Baked Beans
Green Beans
Assorted Fruits
Choice of Milk

THURSDAY

Popcorn Chicken
WG Dinner Roll
Whipped Potatoes/Gravy
Refried Beans
Assorted Fruits
Choice of Milk

WEDNESDAY

Pizza/Pepperoni
Broccoli/Dressing
Celery Sticks
Yogurt
Assorted Fruits
Choice of Milk

TUESDAY

Big Chicken Patty/Bun
Bag Baked Chip
Mix Veggies/Tomato Cup
Assorted Fruits
Choice of Milk

MONDAY #3

Cheese Breadsticks
Baked Fries
Green Beans
Assorted Fruits
Choice of Milk

FRIDAY

Chicken Nuggets
Romaine Salad/Dressing
Pens
Assorted Fruits
Choice of Milk

THURSDAY

Chicken & Noodles
Roll/Tomatoes
Broccoli
Ice Cream
Assorted Fruits
Choice of Milk

WEDNESDAY

Pizza/Pepperoni
Celery Cup
Green Beans
Assorted Fruit
Choice of Milk

TUESDAY

Chicken Tenders
Corn/Roll
Sweet Potatoes
Assorted Fruits
Choice of Milk

MONDAY #4

Beef Burrito Wrap
Season Crinkle Fries
Refried Beans
Assorted Fruits
Choice of Milk

FRIDAY

2 Beef Soft Taco
Shredded Lettuce
Green Beans
Yogurt
Assorted Fruits
Choice of Milk

THURSDAY

Cheesburger
Baked Crinkle Fries
Carrots
Assorted Fruits
Choice of Milk

WEDNESDAY

Primo Cheese Pizza
Broccoli
Tomato
Assorted Fruits
Choice of Milk

TUESDAY

Big Corn Dog
Refried Beans/Salsa
Oven Baked Fries
Assorted Fruits
Choice of Milk

MONDAY #5

Hot Dog/Bun
Potato Smiles
Celery
Mini Krispie Treat
Assorted Fruits
Choice of Milk

Menu is subject to change to meet any USDA changes. Parents will be notified of those changes.



All bread products are 100% Whole Grain

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

This institution is an equal opportunity provider.

	AUGUST 2019	SEPTEMBER 2019	OCTOBER 2019	NOVEMBER 2019	DECEMBER 2019	JANUARY 2020	FEBRUARY 2020	MARCH 2020	APRIL 2020	MAY 2020
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