

# HealthWorks

Building Healthy Worksites



# About HealthWorks – History and Solutions

- **Founded in 1999**

- By Denise Flickner
- Earned degree in Dietetics in 1987 from The University of Cincinnati
- AFTA certified personal trainer
- HealthWorks has grown into full-service, on-site wellness provider

- **Headquartered in Cincinnati, Ohio**

- Teams in Cincinnati, Cleveland & Columbus
- Serving Ohio and the Tri-State Area
- National networks



# About HealthWorks – History and Solutions

- **Complete Wellness Solutions**

- Biometric Health Screenings
- Health Risk Assessments
- Flu Shots & Additional Blood Testing
- Facilitate Strategic Wellness Planning
- Participation & Outcome Based Programs
- Wellness Challenge (w/ tracking)
- Health Coaching / Lunch 'n Learns
- Corporate Health Reporting



# HealthWorks – Online Viewing



Welcome, DENISE!



## My Wellness

[Biometric Screening Results](#)

[Risk Profile](#)

[Program Forms](#)



## My Appointments

[Worksite Screening](#)

[Worksite Coaching](#)

[Telephonic Coaching](#)

[Email a Coach](#)



## My Resources

[Screening Forms](#)

[Health Goals](#)

[Health Records](#)

[Web Based Tools](#)



## My Messages